

Author of *Walk a While in my Autism*

Dr. Nanette Negri is a behavioral specialist and wellness coach whose work focuses on implementing mindfulness practices into interventions and support services for children and adults on the autism spectrum and their families. With over 45 years of experience, she has worked as a signed speech specialist, behavioral specialist, educator and program director in the field of autism research and education. Through mindfulness and yoga practices, Dr. Negri's approach highlights a person-first approach to her work. Dr. Negri's work continues to empower persons with neurophysiological differences, autism and other movement and communication challenges



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See her [Curriculum Vitae](#) for more.