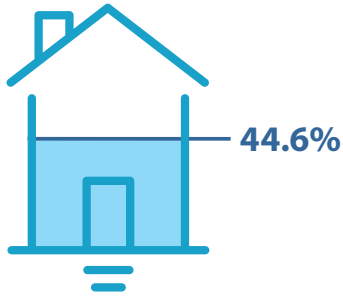


# Food Insecurity

Goal: People of Duluth have access to and consume healthy foods.



In St. Louis County, 44.6% of households with children under the age of 18 report participating in the Supplemental Nutrition Assistance Program.



Duluth



Hillside Neighborhood

Percent of adults who reported often feeling worried about running out of food.

## STORY BEHIND THE DATA

### Improvement factors:

- Overall, there are small improvements happening to increase access
- Farmers markets, school-based food programs, food shelves, etc.
- Addressing transportation barriers through public transit, community events, delivery options, increased number of bike routes, etc.,
- Strong community led efforts for change
- Hosting regular community meals
- Increased education through classes, school, CHUM, and awareness
- Connection with public health for ongoing care (building relationships)

### Limiting factors:

- Overall cost of food is high
- Jobs/wages/income inadequate
- Lack of access, geographic access
- Lack of knowledge about resources, how to produce food, where to buy
- Transportation barriers
- Long winters, decreased growing season
- SNAP funding affected by government shut down

## WHAT WE ARE GOING TO DO

**Strategy #1:** Make food more affordable and accessible

**Strategy #2:** Develop a community approach to screening for food security, connecting people with food insecurity with resources and supports

**Strategy #3:** Increase healthy food consumption of the youngest

**Strategy #4:** Increase access to fresh/healthy food by increasing availability of healthy food retail in underserved areas and improving transportation equity and connectivity to retail

Learn more  
[bridginghealthnorth.org](http://bridginghealthnorth.org)

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